







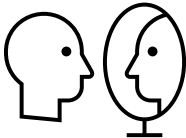

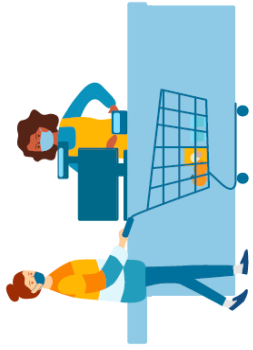


# TIMBERLINE MIDDLE SCHOOL COMMUNITY RESOURCES

<p><b>LWSD School Lunches</b></p>  	<p>LWSD will continue to offer free food for pick up at the middle school locations <b>until August 7</b>. (Pick up locations may change). <b>Meals will not be provided during the week of June 29 – July 3</b> due to the Fourth of July holiday.</p> <p>Pre-order on this website:  <a href="https://www.lwsd.org/covid-19/grab-go-student-meals">https://www.lwsd.org/covid-19/grab-go-student-meals</a></p> 
<p><b>Pandemic EBT</b></p>  	<p>Children on the free/reduced meal program at school can receive money to cover other food costs. These benefits will be on an Electronic Benefits Transfer (EBT) card which is used like a debit card to buy groceries. You must have an EBT card to receive this money. You can apply for EBT at <a href="https://www.washingtonconnection.org">https://www.washingtonconnection.org</a>  For additional Information about the P-EBT Program, visit the OSPI website here: <a href="http://k12.wa.us/PEBT">k12.wa.us/PEBT</a>.</p>
<p><b>HopeLink</b></p> 	<p>Prepackaged box of food – enough for 21 meals.  <a href="https://www.hopelink.org/location/redmond-center">https://www.hopelink.org/location/redmond-center</a>  8990 154th Avenue Northeast, Redmond, WA 98052 Phone (425) 869-6000  Hours: Tuesdays 12-4pm, Wednesdays 3-7pm, Thursdays 10am – 2pm</p>
<p><b>Open Kitchen</b></p> 	<p>Serves a free, warm meal every Wednesday – <a href="https://openkitchenredmond.com/">https://openkitchenredmond.com/</a>  Redmond United Methodist Church.  16540 NE 80<sup>th</sup> Street, Redmond, WA 98052  Hours: Wednesday 5:00 – 6:00pm</p>
<p><b>Call for help</b></p> 	<p>Crisis Connection – <a href="https://www.crisisconnections.org/">https://www.crisisconnections.org/</a>  24-hour Crisis Line: <b>206-461-3222</b> or <b>866-425-4747 (866-4CRISIS)</b></p> <p>Teen Link (staffed by teens) – <a href="http://www.teenlink.org">www.teenlink.org</a>  6:00pm-10:00pm: <b>206-461-4922</b> or <b>866-833-6546 (866-TEENLINK)</b></p> <p>Crisis Text Line 24 hour text line <b>Text 741741</b> for yourself or for a friend</p> <p>National Suicide Prevention Line – <a href="https://suicidepreventionlifeline.org/">https://suicidepreventionlifeline.org/</a>  24-hour support: <b>800-273-8255 (800-273-TALK)</b></p> <p>Trevor Project (LGBTQ help) – <a href="https://www.thetrevorproject.org/">https://www.thetrevorproject.org/</a>  24-hour support: <b>866-488-7386</b></p>
<p><b>Counseling Resources</b></p> 	 <p><a href="https://resources.finalsite.net/images/v1592351939/lwsdorg/unpndcexdwty5bbmryc/CounselingResourcesforWebsite.pdf">https://resources.finalsite.net/images/v1592351939/lwsdorg/unpndcexdwty5bbmryc/CounselingResourcesforWebsite.pdf</a></p>



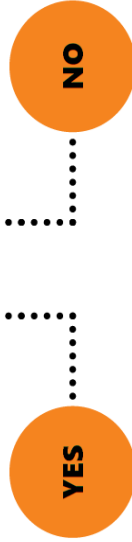
# Pandemic EBT (P-EBT): Emergency School Meals Program

## Get help buying groceries while schools are closed

Does your child receive free or reduced-price school meals or does your child's school provide all meals free?



Do you receive Basic Food benefits?



Call your local school to apply for free/reduced-price school meals and then apply for P-EBT

You need to apply for P-EBT by visiting [WashingtonConnection.org](http://WashingtonConnection.org) or by calling 877-501-2233.

Your EBT card will arrive in the mail within 35 business days of applying (application will open by June 30).

You will automatically receive P-EBT on your EBT Card.

Benefits will be added to your EBT card by June 30.

### WHO IS ELIGIBLE?

Students going to a K-12 school that offers a school lunch program during the school year AND

- Is eligible for free or reduced-price school meals; OR
- Is attending a school where meals are free for all students

### CAN IMMIGRANT HOUSEHOLDS APPLY?

Yes. Using P-EBT benefits does not count as a public charge. P-EBT does not change a parent or child's immigration status. P-EBT replaces school meals and are for all families that receive free and reduced-price school meals.

### WHAT IS THE BENEFIT?

For children who received free or reduced-price meals when schools closed in March, each family will get \$399 per child. For families that enrolled in Basic Food or applied for school meal benefits after schools closed, each child will get less than that. The value depends on when you applied for food assistance.

### IMPORTANT INFORMATION

- Applications for P-EBT must be completed by August 31, 2020 or before the start of the 2020-2021 school year—whichever is later.
- If you need help understanding your eligibility or how to apply for benefits, see the Frequently Asked Questions at [k12.wa.us/PEBT](http://k12.wa.us/PEBT) or call Department of Social and Health Services at 877-501-2233.

Your benefits card will look like this:



Transforming lives



Washington Office of Superintendent of **PUBLIC INSTRUCTION**

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